



Robert Beckelman, DMD

Word Of Mouth

Produced for the Patients of Dr. Robert Beckelman

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Thank You For Making My Day

A personal note from Dr. Beckelman

This article is about you my patients, my team and me. You are the reason that after thirty years I still love dentistry and I look forward to coming to this office every day.

I have seen a lot of changes in my profession, but for me, some fundamentals will never change...

Knowing I've earned the respect and affection of my patients and my team means more to me than I can say. I understand that you can't buy patient loyalty with a discount coupon - it takes personal commitment on both sides. Thank you!

Keeping my patients healthy and smiling is essential to me. I'm proud that you are sharing this path with me. A radiant smile is not a fashion accessory. Even the best cosmetic improvements must be based upon optimal dental and oral health. Thank you!

Providing the best care possible requires dedication, hard work and lifelong continued education. A treatment well done, and sharing in your happiness when you see your beautiful smile is always a thrill for me. Thank you!

Transforming a dental practice into a dental family is about people, not comfy furniture and cool technologies. I invest in current technologies for you my patients - to improve your comfort and quality of care. In turn, it is my team and I who create a caring, warm, and safe environment for you. Thank you!

Great dentistry means great teamwork. Having team members who have been with me for many years and know and understand our patients ensures that each of you receives the very best care.

Plus, they really like you! Thank you!

It's okay to brag when people are willing to go the distance. We have patients who live all over the US and schedule their appointments with us around their travel for business or pleasure. Not only that, but past team members continue to bring their families here! How brag worthy is that? Thank you!

Gratitude never goes out of style. Giving back to the community, paying forward to help others, enjoying good health and a good life makes it all worthwhile for me. The warmth of my family at home and my dental family here are the things that make ME SMILE.

Thank you!

The team and I couldn't be here without you.



Smile With Confidence And broaden your career horizons!



Your smile is your personal calling card. It can help or hinder your interactions. Whether you're entering the workforce, climbing the corporate ladder, or returning after a leave, a healthy confident smile can make you look and feel competent and accomplished.

There are many options to improve your smile's impact – correcting imperfections, closing gaps, and achieving a straighter-looking smile without braces.

- **Bonding** uses a budget-friendly tooth-colored resin to repair and reshape decayed, damaged, or discolored teeth, and even fills small spaces between teeth.
- **Veneers** cover the front surface of teeth to straighten, reshape, and improve color with a beautiful layer of porcelain.
- **Gum sculpting** evens out gumlines by exposing more of the tooth crown, making a previously gummy smile gorgeous.
- **Crowns** cover heavily restored or otherwise compromised teeth, giving them strength and an aesthetically pleasing shape, alignment, and color.
- **Bridges**, coupled with crowns, replace missing teeth with attractive replacements.
- **Implants** serve as anchors for beautiful replacement crowns.

No matter your budget, there are many great options to help perfect your smile. And if you need a quick and affordable pick-me-up for a special meeting, a professional cleaning or whitening will brighten your teeth, boost your confidence, and help you make a winning impression!

Bonding



BEFORE



AFTER

Veneers



BEFORE



AFTER

Surf With Both Eyes Open!

Don't always believe what you read

The Internet influences every part of our lives, and it's packed with advice on what we should and shouldn't consume ... but what to believe? Consider the following myths:

Myth: Frozen fruit isn't very nutritious.

Truth: Usually picked at its ripest, most frozen fruit offers a nutrient-rich alternative to fresh. And if it's high in Vitamin C, it supports healthy gums.

Myth: Sea salt is healthier.

Truth: All salt has about the same amount of sodium, and too much can be harmful. But mix a teaspoonful into a glass of water and you get a great antiseptic mouthwash - just don't swallow.

Myth: Tea dehydrates you.

Truth: Tea is 99.5% water, and its low caffeine is unlikely to have a negative effect on hydration. Tea counts towards your daily fluid requirement, and it's rich in antioxidants that support healthy gums.

GO TO TRUSTED SOURCES FOR ADVICE & ENJOY A HEALTHY & INFORMED LIFE!

Your Gums. Your Body. Attention: important health link



When your parents encouraged you to care for your teeth, they may not have realized that they were also helping you care for your gums and body. Today we know the importance of periodontal (gum) care, and that its disease can exacerbate other health problems, including serious and life-threatening ones.

SYMPTOMS: Gum disease can advance without symptoms, but warning signs can include red, swollen, or bleeding gums, bad breath, and loose teeth.

CAUSES: The mildest form of gum disease, gingivitis, is caused by inadequate oral hygiene, hormone fluctuations, certain medications, and even stress. If left untreated, it can advance to periodontitis, a chronic inflammation of the gums.

RISKS: Periodontal disease has been linked to many other inflammatory diseases, including cancers, heart diseases, respiratory diseases, and diabetes. With diabetes, the relationship is particularly complex: complications are more likely to increase for those with gum disease, and diabetics are more likely to develop gum disease. If you or a loved one has diabetes, regular dental visits are essential.

CALL US TODAY to schedule checkups for you and your family. Our aim is to catch and treat problems early – long before they become major health issues.

Put Up Your Dukes! ...Against astute bacteria

The mineral fluoride was first introduced to toothpastes and municipal water in the '50s because of its ability to harden tooth enamel and fight decay-causing bacteria. But now, almost 80 years later, the war on cavities just got a little dirtier. Recent findings indicate that the bacteria that cause cavities can now fend off fluoride, brilliantly working to sabotage its tooth-positive effects. Scientists don't know how bacteria does this, but when they do, it will offer the means to create an oral health regimen that is more bacteria-hostile.

But wait! Don't abandon fluoride! Using fluoride toothpaste at least twice a day, and flossing once a day, continues to be your best defense against plaque buildup and cavities. Regular professional hygiene (cleaning) appointments are also critical to maintaining your healthy smile.



Unexplained Head Pain? We're here to help!

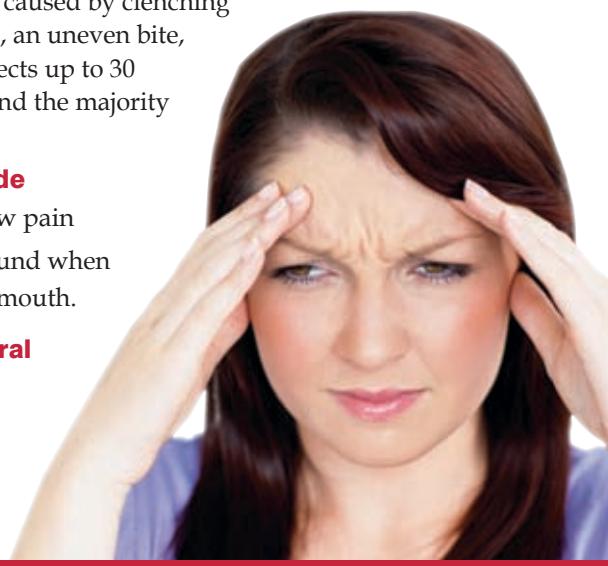
Do you suffer from headaches? Ringing ears? Neck pain? Don't simply blame exhaustion, migraines, or allergies... You may have *Temporomandibular Joint Disorder* (TMD) which manifests when inflammation of the joint connecting the lower jaw to the skull is caused by clenching and grinding (due to stress), an uneven bite, and even arthritis. TMD affects up to 30 million North Americans, and the majority are women.

Typical symptoms include

- ear, head, neck, &/ or jaw pain
- a popping or clicking sound when opening & closing your mouth.

TMD can lead to other oral health issues, including

- gum disease
- chewing problems
- damaged teeth.



If you have TMD symptoms, it's very important to address its cause. Call us today. We can diagnose or rule out TMD and help put you on the path to recovery!

Our Patients Are The Best!

Here are some of the great things our patients have to say about Dr. Beckelman and staff:

I have been using Dr. B as my dentist since 1985 and have NEVER had any disappointments with the care of my teeth. In fact, I have referred many of my friends and family members and each one has become a permanent patient of Dr. B's. Whenever someone comments that my teeth look better and better with each year that passes, I always refer them to Dr. Beckelman. He is the only dentist for me. I look forward to growing older with Dr. B as my dentist for as long as possible.

~ Marie P

I love my dentist & the staff! They are terrific! They made my smile beautiful!

~ Christine C

I have to say that this was the most comfortable experience I have ever had in a dentist chair. I got such a comfortable, confident vibe from Donna, that it made my visit that much better.

~ Josh J



It was a beautiful day, watching Notre Dame football, eating buffalo wings, relaxing until a chicken bone changed the setting. As the pain shot around my head I realized I would not be able to "muscle" through the day, or fame for that matter! On his way out the door for a restful Saturday evening, Dr. Beckelman was alerted as to my condition. Selflessly, Dr. Beckelman saw me immediately and remedied the situation. I will never go to another dentist! Thanks to Donna, Doreen and the other girls for their friendly service and smiling faces. See y'all soon.

~ Billy H

A note from Dr. Beckelman,

I encourage our patients to write any feelings, successes or comments about their experience in our dental practice. I want to express how grateful we are for our patients, and the comments that they provide. It's a great feeling knowing that everything we strive to provide our patients is making a difference.

Thank You, Dr. Beckelman

office information

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Visit our website at
www.drbeckelman.com



Office Hours

Monday 8:00 am – 7:00 pm
Tuesday 8:00 am – 2:00 pm
Wednesday 8:00 am – 7:00 pm
Thursday 8:00 am – 3:00 pm
Saturday 7:30 am – 1:30 pm *
* closed occasional Saturdays

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Information included is not dental or medical advice. For your specific information be sure to consult our office. If you do not wish to receive this newsletter, please contact us directly.

Smile Transformations

Our patients show off their new smiles!

